

All quantities have been adapted to suit 1 child.

## Gloop



### Ingredients

75g cornflour  
50-60ml cold water

Tip the cornflour into a bowl and slowly stir in the water. If the mixture seems too dry, add a few drops more water. If it's too liquid, add some more cornflour. It is ready when the mixture is thick and fluid, but starts to break if stirred quickly.

If you want to colour it add a few drops of food colouring to the water. It will last for a couple of days but will dry out overnight. Just add a few drops of water the next day.

## Slime



### Ingredients

200g cornflour, sieved  
50g icing sugar  
175ml coconut milk (from a can), stirred  
a few drops gel food colouring

Put all the ingredients in a bowl and mix until it forms a thick smooth paste. Once the slime has come together, use your hands to roll a little of the mixture into a ball. If it crumbles, add a little more coconut milk. If it's too soft or liquid, add more cornflour until it forms a smooth stretchy consistency.

The slime can dry out a little as you play with it. If this happens, simply knead with wet hands to soften it up again.

## Play Dough



### Ingredients to make one ball:

8 tbsp plain flour  
2 tbsp table salt  
60ml warm water  
food colouring  
1 tbsp vegetable oil

Mix the flour and salt in a large bowl. In a separate bowl mix together the water, a few drops of food colouring and the oil.

Pour the coloured water into the flour mix and bring together with a spoon.

Dust the work surface with a little flour and turn out the dough. Knead for a few minutes to form a smooth, pliable dough. If you want a more intense colour you can work in a few extra drops of food colouring.

Store in a plastic sandwich bag (squeeze out the air) in the fridge to keep it fresh. It will last for about 5 days.

## Cloud Dough



### Ingredients

Hair conditioner  
Cornflour

Cloud dough, a mixture of hair conditioner and cornflour, is softer in texture than playdough and has a lovely smell. The recipe is not an exact science as it depends on the hair conditioner used but it is roughly equal amounts conditioner to cornflour. Mix the two together in a bowl until you get a soft dough.

## Salt Dough

Salt dough is great as it can be cooked and painted.



### Ingredients

1 cupful of plain flour (about 250g)  
half a cupful of table salt (about 125g)  
half a cupful of water (about 125ml)

Preheat the oven to its lowest setting and line a baking sheet with baking parchment.

Mix the flour and salt in a large bowl. Add the water and stir until it comes together into a ball.

Transfer the dough to a floured work surface. You can either roll it out and cut out shapes, numbers or letters using biscuit cutters, or make any kind of model you can think of.

Put your finished items on the lined baking sheet and bake for 3 hrs or until solid.

Leave to cool and then paint.